

Albemarle Commission

2009-2010 Annual Report



Famous S-Bridge in Perquimans County
Photographer: Tom Morrell

Albemarle Commission

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Message from the Executive Director



Within these pages of the Albemarle Commission's 2009-10 Annual Report is a summary of the work we do in our ten county region. I trust you will find it informative and interesting. We are proud to serve you and welcome comments on ways to serve you better.

I personally am glad to have this opportunity to specifically thank, first the Albemarle Commission

Board of Delegates for their consistent dedication in overseeing the Commission's activities. Their ideas, direction and support are imperative in completing our mission of improving the lives of our citizens. Next I commend the Commission staff for their efforts to make the most of the resources we have and for the innovation and care they have shown in developing program services.

We look forward to another year of collaborative leadership with the mayors, commissioners, councilors and managers in order to provide the highest possible quality of life for those who call the Albemarle Region home. If I or my staff can be of assistance to you please call.

Bert Banks

2009-2010 Albemarle Commission Board Members and Delegates:

Barry Nelms, Chairman
 Melvin Jeralds, Vice-Chair
 Tracey Johnson, Secretary
 Kenny Goodwin
 Richard Johnson
 Henry Jordan
 Wesley Boone
 Sharon Spencer

Janet Russ
 Lloyd Griffin, III
 William Hoggard, III
 Benjamin Hobbs
 Gary Jordan
 J. Fred Swain

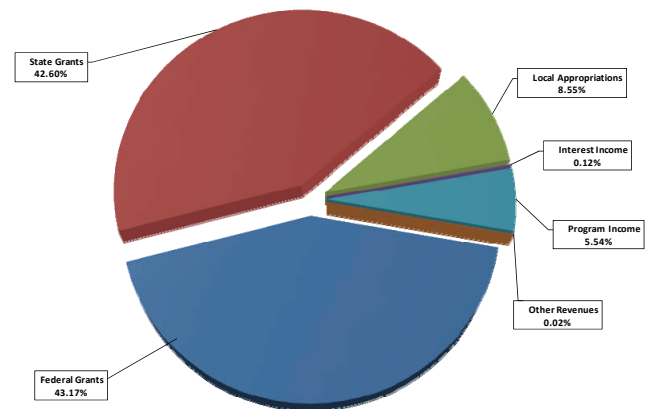
Financial Report

For the Fiscal Year Ended June 30, 2010

Revenues

Federal Grants	\$	2,762,451
State Grants	\$	2,726,140
Local Appropriations	\$	547,078
Interest Income	\$	7,635
Program Income	\$	354,688
Other Revenues	\$	1,113
Total Revenues	\$	6,399,105

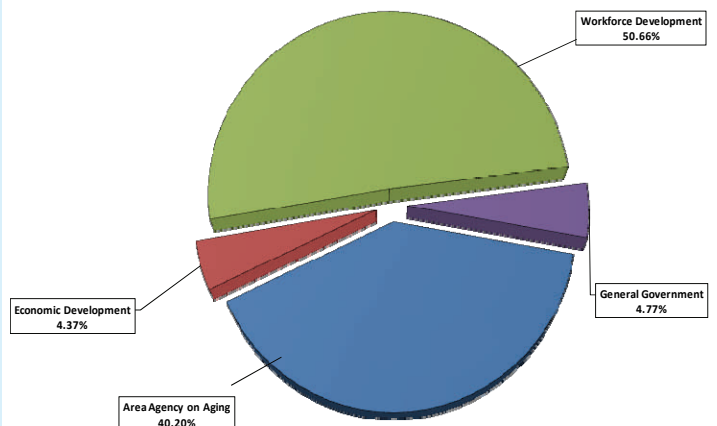
Revenues



Expenditures by Program

Area Agency on Aging	\$	2,543,226
Economic Development	\$	276,353
Workforce Development	\$	3,204,430
General Government	\$	301,970
Total Expenditures	\$	6,325,979

Expenditures



Area Agency on Aging

The US Older Americans Act mandates the Area Agency on Aging provide leadership in responding to the needs of older adults 60 years of age and older. Charged with advocacy planning, counseling, service provisions, program coordination, monitoring, and training, the Agency contracts for services via 17 local providers. As well we issue senior center grants to the 9 centers in-region. Agency chairs and / or participates in planning committees in all 10 counties served.

Home and Community Care Block Grants:

Services provided:	Units of Service:	Clients Served:
Adult Day Health Care	1,808 Days of Service	19
Housing & Home Improvement	21 Housing Projects	21
In-Home Aid	43,973 Hours of Assistance	267
Transit	26,115 Trips	335
Medical Transit	590 Trips	49
Congregate Meals	59,797 Meals	1,095
Home Delivered Meals	73,308 Meals	535

American Recovery and Reinvestment Act Funds (ARRA)

Services provided:	Units of Service:	Clients Served:
ARRA Congregate Meals	9,599 Meals	646
ARRA Home Delivered Meals	4,042 Meals	337

Family Caregiver Support Program:

Services provided:	Units of Service:	Clients Served:
In-Home Respite	394 Hours	12
Home Modifications/Accessibility	6 Homes	6
Handy Man/Yard Cleaning	1 Yard	1
Institutional Respite	26 Days	4
Medical Equipment	1	1
Medicare Counseling Sessions	55 Sessions	55

Long Term Care Ombudsman Program:

Complaints Submitted: 397	Participation in Surveys: 19
Technical Assistance Provided: 346	Program Volunteers: 56
Number of In-Service Trainings: 16	Volunteer Hours: 2,166
Public Workshops: 5	Long Term Care Facility Visits: 155

Major Events:

	Participants:
"5 th Annual Caregiver Education Conference", Edenton UMC	145
19 Senior Medicare Training Forums	697
"7 th Annual Elder Abuse Seminar", Albemarle Hospital, Elizabeth City.	85
Albemarle Senior Games, 9 days of events at multiple sites.	303
"World Elder Abuse Day", Currituck Cooperative Extension Building	99



Other Local Efforts:

	Recipients:
Operation Fan Heat Relief	145
"Arthritis Foundation" Exercise Program Instructors Certified	10
"Matter of Balance" Lay Leaders Trained	21

2010 Albemarle Senior Games Participants

Senior Nutrition Program

The Albemarle Commission's Senior Nutrition Program continues to be an effective program in meeting the nutritional needs of our seniors. Currently the program operates throughout the 10 counties of our region serving the needs of seniors 60 years of age and older.

Congregate Nutrition Program

Hot nutritious meals are served Monday through Friday at 13 congregate nutrition centers across the region, with approximately 400 seniors served each weekday. This meal, along with a family like atmosphere of socialization and fellowship, gives our seniors the support system it needs to meet a challenging future. As cost escalate for medications, utilities and other living expenses, those on fixed and limited incomes often have insufficient funds for adequate nutrition. The Congregate Nutrition Program can help by providing professionally planned nutrition and a social atmosphere.

Home Delivered Meals Program

The Home Delivered Meals Program serves approximately 350 homebound clients throughout the region. There are currently 50 established meal routes with 800 dedicated volunteers who deliver these meals regardless of weather conditions. This program would not operate if it were not for the dedicated volunteers who give themselves in service to this program. Volunteer trainings are held yearly throughout the region along with two well attended Volunteer Appreciation Banquets during National Volunteer Week.



"Volunteer Jan Terranova delivers meals to homebound seniors with the help of her nephew and niece, Dylan and Brenna."

Nutritional Supplements

The majority of our homebound clients are very frail, live alone and are dealing with many chronic health issues. Many of our clients are in additional need for nutrition so with their doctor's permission they can receive Ensure Plus, Glucerna or Pulmocare. As with our services, there is no charge, however donations are accepted and greatly appreciated.

Energy Assistance

The Senior Nutrition Program continually seeks ways to meet the needs of seniors in our rural area. Several years ago we realized our seniors were going without heat in their homes in order to buy their medications. So in 2006 we began the energy assistance program which will give our congregate and homebound seniors a \$250.00 payment, once a year, to help with their utility costs.

Freezer Meal Program and Shelf Stable Meals

The freezer meal program began in 2005 in order to reach those seniors who are on a waiting list and/or those seniors who we are unable to reach due to no route in their area. The Senior Nutrition Program has 2 freezers, in house, to take care of these seniors. Also when the Senior Nutrition Program is closed due to holidays and/or emergencies or disasters, the homebound seniors will receive a box of shelf stable meals. These boxed meals are approved by the Division of Aging and Adult Services meeting the 1/3 RDA.

Pet Food Program

Our Pet Food Program has become very popular among our senior clients. After realizing that several of our clients were "sharing" their home delivered meal with their pet, we knew we needed to address the issue. Through grants, fundraisers and donations we have managed to purchase containers and pet food for our clients who need them.

"Faye and Avery Phelps deliver meals in Washington County. Volunteers not only bring a hot meal, they bring comfort to the seniors with their beautiful smiles".



Albemarle RPO

During fiscal year 2009-2010 the Albemarle RPO went thru drastic changes to overhaul its planning and GIS services. As the RPO made strides to overhaul its programs and planning work the Albemarle region has seen its first Comprehensive Transportation Plan with Currituck County. The Comprehensive Transportation Plan or CTP is a long range (25-30) multi-modal transportation plan that highlights the county's current and future traffic patterns including new roads and facilities. The CTP is a very important part of long range transportation road projects because it projects and recommends future upgrades to the road system. It is a valuable tool for our region to show significant future road projects thru North Carolina's new statistically driven decision making. Not only did we have our first CTP started in our region, we also had two municipal pedestrian plans with the Towns of Columbia and Kill Devil Hills. These plans are integral parts to communities as to show a documented plan of what steps the towns can take in the future to make their community more walkable.

As the RPO transitions to provide tangible planning services to our communities, it has upgraded its GIS software, purchased traffic counters to be used to collect specific data for small municipalities, and provide a voice for our region to the state. The RPO looks toward to the future as it hopefully begins providing planning services that include greenway plans, pedestrian plans and bicycle plans for small towns or counties in our region.

Economic Development

As the SFR (Single Family Rehab) program moves forward in Currituck, Dare, and Pasquotank Counties, the program has sped up to contract out 7 applicant's homes among the three counties. We are currently working on 4 more homes which would push us to the halfway mark of the program. The program is also having the first wheelchair lift being installed in a home in Dare County for the Single Family Rehab program in the state. This is no small feat because the program has a maximum amount of money allowed per home at \$45,000 and can't exceed this amount. The Albemarle Commission has also applied and received SFR program funds for 2010-2011 for Gates County that can bring in \$200,000 of rehab work to four homes within the county. This brings the total rehab program funding up to \$1.2 million throughout the four counties if homes qualify for the program.

Northeastern Workforce Development

NWDB *Sound Workforce Solutions* The Northeastern Workforce Development Board (NWDB) adopted a new logo and had a strong program year. On June 30th 2010, there were 777 people being served by our Training and Employment Specialists. NWDB's funding was expanded by the state to include \$1,359,198 in ARRA funding which was designed to be spent on short term training and needed support services that were so critical to training workers during the recession.

Other highlights for the year included:

- Received \$125,000 for a 2-year Youth Demonstration Grant;
- \$45,000 was awarded to businesses for Incumbent Workforce Grants
- Awarded \$1.27 million 3-year grant by DOL for the State Energy Partnership Grant, which focuses on training in new renewable energy technologies. These NWDB staff are representing the initiative at the Energy Fair.



The Workforce Investment Act of 1998 (WIA) provides funding to each state to assist dislocated, unemployed and underemployed workers with obtaining training that will enable them to become sustainably employed. These services can be accessed through the JobLink Career Centers and access points throughout our 10 county region.

In addition to adults, there is a small percentage of the budget that can be allocated to training and employment for Youth aged 16-21. This training focuses on a high school credential in preparation for post-secondary training or job placement.

Just this year, the NWDB has placed greater emphasis on developing resources for local our small businesses. Due to the tight job market, it is critical to assist businesses with remaining competitive. Our Business Services Department is focusing on assisting these businesses with On-the-Job training programs and Incumbent Workforce grants and referring to partners for resources that the NWDB does not offer.

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*Pictured left:
Albemarle Commission Staff*